

# acne / acne scarring

At Nottingham Laser Clinic we use laser light to activate your body's natural acne fighting defenses, reducing the severity of current and future breakouts.

**Treatment:** Cosmetic Laser Surgery, Medical Microdermabrasion and chemical peels

Acne is a condition caused by skin cells that do not shed properly and plug pores, causing oil and bacteria to be trapped inside. As oil and bacteria accumulate, the skin becomes inflamed and swells outward forming whiteheads, blackheads and pimples.

## Have confidence in our care

Dr Maini personally carries out or supervises all fillers and facial remodelling treatments and is a member of the Royal College of General Practice, British Association of Cosmetic Doctors (BACD) and the British Medical Laser Association (BMLA).

## Treatments that work

### **Cosmetic Laser Surgery**

This is a non-invasive technique which can be used to treat active acne. Using Laserscope's FDA (Food and Drug Administration) approved green laser, light is delivered through the skin's surface triggering the body's natural bacteria fighting defenses. These defenses kill the problem causing bacteria, significantly reducing the severity of current and future breakouts.

### **Chemical Peels**

We use a variety of peels to achieve the desired result that's right for you. More powerful peels are used to lessen the appearance of acne scarring. They are sometimes used in conjunction with Medical Microdermabrasion for maximum effect.

### **Medical Microdermabrasion**

Microdermabrasion is ideal for acne prone skin and acne scarring. The treatment uses no lasers or chemicals, it involves passing a fine collection of medical grade crystals over the skin's surface which gently removes the dead skin cells, smoothing the surface of the skin through a process of exfoliation. The new, living skin cells beneath this top layer are revealed giving a younger, more rejuvenated appearance.

## Recovery time

Your face may appear slightly flushed and swollen, though these effects usually subside after a few hours or days. Sunscreen should be applied. Please check with your doctor to determine if your make-up is appropriately formulated for acne sufferers.