

# hair removal shaving bumps & boils in the skin

**Treatment:** Cosmetic Laser Surgery

Our laser system was the first system to be cleared by the FDA for permanent hair reduction. It is regarded as one of the safest on all skin types and with recent improvements in hand piece technology is set to become a benchmark against which all other hair removal systems will be measured. If you have shaving bumps (or recurrent boils in the skin) or require hair removal, of black or brown hair this is the ideal system for you. Excessive hair can make life socially embarrassing. Laser hair removal offers the best solution yet.

## Have confidence in our care

Dr Maini personally carries out or supervises all fillers and facial remodelling treatments and is a member of the Royal College of General Practice, British Association of Cosmetic Doctors (BACD) and the British Medical Laser Association (BMLA).

## Safe and effective treatments

Nottingham Laser Clinic uses the most advanced FDA cleared laser technology for permanent hair reduction, safely and effectively treating all ethnic origins and skin types including tanned skin. Dr Maini supervises all laser hair removal treatments.

## Treatments that really work

Laser energy is absorbed by the pigment in the hair follicle while your hair is in its anagen, or active phase of growth: The laser light is converted into heat, causing thermal damage to the follicle without harming the surrounding tissue. Hair re-growth is slowed or stopped in the damaged follicle.

## Average treatment series

Only 30% or less of your hair may be in the active phase at any one time depending on the body area, this means that a series of treatments may be required to achieve the long-term improvement you desire. These treatments are spaced approximately 4-12 weeks apart, based on hair growth cycles. Our extensive experience tells us that you can expect to need from 3-8 treatments (4-6 is average) to each treatment area for long lasting optimal results.

## Typical treatment sessions

Sessions for an upper lip or small bikini area can take as little as 15 minutes, while larger areas on back and legs may require up to 60 minutes or more.

## How permanent is hair removal?

The average patient in clinical studies sees a 48% reduction in hair growth after three treatments and up to an 80% lasting reduction after six to eight treatments (results vary). After you have completed a series of four to six treatments, any remaining hair will usually be finer and lighter in colour. Most patients require one or two touch-up treatments per year. Blonde, platinum, most red, grey and vellus hair will not respond to this treatment.