

# wrinkle reduction finelines & deeper lines

**Treatment:** Cosmetic Laser Surgery, Chemical peels, Medical Microdermabrasion, Dermal Fillers, Muscle relaxing injections, Collagen stimulators

## Why do we get wrinkles?

Wrinkles can be caused by a variety of factors, the most common reasons are:

- **Ageing skin** resulting in a loss of elasticity and subsequent inability of the skin to spring back in to shape after creased by the muscles. When wrinkles are produced by muscle action, they tend to leave creases in the skin (especially the frown line for example). In this instance, muscle relaxing injections are used to weaken the muscle causing the frown line. The crease that is left can sometimes heal if the muscle relaxing injections treatment is continued long enough. Other options are Fillers and Enhanced Photorejuvenation.
- **Massive weight loss or smoking** can leave you with loss of volume in the cheeks. This can be restored by either temporary or semi permanent fillers. Please see fillers and facial remodelling for more information.
- **Sun damage** can also cause wrinkles. Early sagging of the skin and loss of elasticity as well as sun damage is ideally treated by Enhanced Photorejuvenation, good skin care products and daily use of sun-block (Stopping smoking is very important also). Please see skin rejuvenation for more information.

## Have confidence in our care

Dr Maini personally carries out or supervises all fillers and facial remodelling treatments and is a member of the Royal College of General Practice, British Association of Cosmetic Doctors (BACD) and the British Medical Laser Association (BMLA).

## Treatments available at Nottingham Laser Clinic

**For more information on any of these treatments go to the treatments page of the Nottingham Laser Clinic website and download the fact sheet.**

### **Cosmetic Laser Surgery**

This is a non-invasive technique which can be used to treat fine lines and wrinkles, ageing skin, sun damaged skin, birthmarks, thread veins, shaving bumps, permanent hair reduction, pigmented patches, Rosacea and active acne.

### **Chemical Peels**

We use a variety of peels to achieve the desired result that's right for you, whether it's a glowing look for a wedding, or a more in-depth peel for more serious scarring, to strip off minor blemishes, brown pigmentation or reduce wrinkles.

### **Medical Microdermabrasion**

Microdermabrasion is ideal for diminishing or eliminating blackhead or whitehead spots, fine lines and wrinkles, sun damaged skin, acne prone skin, superficial age spots, hyperpigmentation, oily skin and dry or patchy skin.

### **Dermal Fillers**

If your skin is beginning to sag or droop down you may be able to obtain significant benefits by using fillers designed to re-stimulate your own collagen production. These fillers are placed in those areas that have lost 'scaffolding' in the skin thus result in a natural lift and tightening of the skin.

### **Muscle Relaxing Injections**

An extremely safe treatment which significantly reduces wrinkles including crows feet, glabellar and forehead lines.